



Instructions for Ultrasound/Sonogram

Pelvic Sonogram: Drink five (5) cups of water one hour prior to exam. Do not urinate.

Transvaginal Sonogram: No preparation necessary.

Obstetric Sonogram (under 20 wks): Drink five (5) cups of water one hour prior to exam. Do not urinate.

Abdominal and gallbladder Sonogram: NPO (nothing by mouth) for AT LEAST six (6) hrs. prior to exam.

Pediatric (younger than 12 years): NPO (nothing by mouth) for four (4) hours. prior to exam, unless in emergency, indicated by ordering physician.

Prostate/Urinary Bladder Sonogram: Drink five (5) cups of water one hour prior to exam. Do not urinate.

Thyroid and others: no preparation necessary