



CORE BIOPSY OF THE BREAST WITH ULTRASOUND GUIDANCE

Based on the results of your last mammogram and/or sonogram it has been recommended that an area of your breast be biopsied in order to obtain further information. This can be accomplished through a technique known as ultrasound guided core biopsy. During this procedure small samples of tissue are taken from the breast using a special needle which is precisely guided to the correct location via ultrasound.

PRIOR TO THE EXAM

Please do not take any aspirin or aspirin products (i.e. Advil, Aleve, Bufferin, Celebrex, or blood thinning medications, Vioxx, Coumadin, Heparin, etc.) as well as any Vitamin E for a week prior to the biopsy. If you are currently taking any medications or have any allergies please inform this office.

DURING THE EXAM

During the exam you will be on the ultrasound table. You will be informed of what is involved in the procedure. The breast will be cleaned and the skin of the breast will be anesthetized with a small hypodermic needle. A small cut is made in the skin and a sampling needle will be placed in the breast to extract pieces of tissue. These pieces of tissue are from the area that is being biopsied. You may sense a slight pressure but you should not experience any pain. Between three and five samples will be removed. These samples will be sent to the pathology laboratory for diagnosis. A metallic clip may be inserted to mark the biopsy site if the lesion is too small.

AFTER THE EXAM

The exam will last approximately 15-30 minutes. There will be some bleeding where the needle was placed and a bandage will be applied. You may take Tylenol (2 tablets) every 4 to 6 hours for discomfort, if needed. You may notice some bruising of the area, which should resolve in 5-7 days. If you notice any excessive swelling, bleeding, drainage, redness, or heat, please call (212) 523-6707 between 9 a.m.-5 p.m. We will forward the results to your referring physician as soon as they become available. This can be anywhere from 3-10 days.

NOTE: Please bring or wear a tight fitting bra or sports bra after the procedure.