



## MARKER PLACEMENT CONSENT FOR BIOPSY

You have been recommended for a stereotactic and/or ultrasound guided core biopsy. At the end of the procedure, the radiologist may place a tiny marker at the biopsy site. In the event that surgery will be needed, the marker will serve as aid for the surgeon. If surgery is not needed, it will inform the radiologists of a benign biopsy site on future mammograms.

The marker consists of non-ferromagnetic, which means that you are able to go through any metal detectors and it will not trigger any alarm(s). The marker is also MRI safe. There is always a possibility the marker may migrate within the breast.

I acknowledge that no guarantees or assurances have been made to me concerning the result intended from the procedure. I confirm that I have read and fully understand the above.

Patient, Relative or Guardian Witness: \_\_\_\_\_

Signature: \_\_\_\_\_

Interpreter (if required): \_\_\_\_\_

Signature: \_\_\_\_\_



**BREAST BIOPSY PREPARATION**

The medications listed must NOT be taken one week prior to the procedure. These medications either contain aspirin or aspirin-like drugs such as ibuprofen which can reduce blood clotting. Many "over the counter" drugs, especially cold and sinus medicines, contain aspirin. Please check with your pharmacist, physician or nurse to be certain that any of the medications you take do not contain aspirin or ibuprofen.

Tylenol is an acceptable pain-reliever before or after the procedure

**IMPORTANT** : If you are on any anti-coagulant medication such as COUMADIN or PLAVIX or any anti-depressants such as NARDIL you must inform your physician as well as our office.

Here is a list of some common products/medications/Nutritional Supplements/Vitamins/herbals which may impair blood clotting:

Advil	Empirin	Sine-Aid	St. John's Wort
Alka-Seltzer	Excedrin	Trilisate	Zinc
Aleve	Excedrin PM	Vanquish	Bromelain
Anacin	Feldene(Propiroxican)	Vioxx	Chondroitin
A.P.C.	Fiorinal	Celebrex	Diet Pills
Arthritis Pain Formula	Ibuprofen	Vitamin E	Flaxseed
Ascriptin	Indocin		Garlic
Aspergum	Midol		Ginko-biloba
Bayer	Motrin		Glucosamine
Bayer-Time Release	Naprosyn		Gotu Kola
Bufferin	Non-Steroidal Anti-Inflammatory Drugs		Herbal Teas
Darvon Compound	Nuprin		Horse Chestnut
Ecotrin	Percodan		Licorice
			Omega 3-Fatty Acids

NOTE : If you are having a Core Biopsy you should bring a sports bra or large ace bandage the day of your appointment.

Appointment Date: \_\_\_\_\_

Appointment Time: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

Type of Procedure: \_\_\_\_\_



## POST STEREOTACTIC BIOPSY INSTRUCTION SHEET

1. After arriving home please use the ice pack provided over the steristrip bandage. Continue this for the rest of the evening alternating 20 minutes on and 20 minutes off.
2. **Do not remove the steristrip dressing.** When taking a bath or shower do not get the area wet at least for the first 24 hours.
3. The steristrips will be removed when you return within one week for your follow-up visit.
4. You may have discomfort and you may have a small amount of bruising. This is normal.
5. If you need medication for the discomfort, take Tylenol. Do not take aspirin or Ibuprofen (i.e. Advil, Nuprin or Motrin) for 24-48 hours after the procedure.
6. Do not participate in strenuous activities for 24 hours – tennis, golf, aerobics, weight-lifting, swimming, skiing, etc.
7. Watch for excessive bleeding, pain or fever. Apply firm pressure and ice if there is bleeding. If the bleeding continues and/or any of the above symptoms occur, contact your doctor. If you have any questions regarding your procedure, please feel free to contact this office at 212-590-5500, Option 1, and ask for mammography technologist.
8. For several days or even a couple of weeks, you may have a little tenderness, “twinges” and a little lump where the needle went into the skin. This can be bothersome, but it is normal. Warm compresses may make this feel better (Do not use a heating pad). Usually this will disappear completely with a little time.
9. Your biopsy results should be available in 4-5 business days. Contact your referring physician for your biopsy results.



### PATIENT SATISFACTION SURVEY

We are striving to provide you with the best possible care. Please help us to achieve this goal by taking a few minutes of your time to answer the following questions. In doing so you will help us to provide optimum care for all our patients.

Date: \_\_\_\_\_

Name: (optional) \_\_\_\_\_ E-mail: \_\_\_\_\_

Type of examination: \_\_\_\_\_

Was it easy to schedule your appointment for today's test?  Yes  No

If no, explain why? \_\_\_\_\_

Was your scheduler: *(Check all that apply.)*

- Courteous?  Yes  No
- Attentive to your needs?  Yes  No
- Efficient?  Yes  No

Was your examination started on time?  Yes  No

If not, how long did you wait for your examination:

- Less than 15 minutes
- 15 – 30 minutes
- 30 minutes or more

If more than 15 minutes, did someone explain the reason for delay?  Yes  No

Was your receptionist: *(Check all that apply.)*

- Courteous?  Yes  No
- Attentive to your needs?  Yes  No
- Efficient?  Yes  No

Was the technologist who performed the procedure: *(Check all that apply.)*

- Courteous?  Yes  No
- Attentive to your needs?  Yes  No
- Efficient?  Yes  No

If your exam required a Radiologist (Doctor): *(Check all that apply.)*

- Courteous?  Yes  No
- Attentive to your needs?  Yes  No
- Efficient?  Yes  No

Please rate your overall experience. *(Circle a number on the scale below to indicate your level of satisfaction)*

1 2  
⏟  
Poor

3 4  
⏟  
Fair

5 6  
⏟  
Satisfied

7 8  
⏟  
Very Satisfied

9 10  
⏟  
Excellent

Any additional comments that you can make would be helpful: *(The use of names would be helpful.)*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Check here if willing to be contacted to provide an online review.

*Thank you for taking the time to complete this survey.*



## STEREOTACTIC BIOPSY

### Why do I need a stereotactic biopsy?

A stereotactic biopsy (also known as vacuum assisted core biopsy) has been recommended to you because the radiologist has detected a suspicious area on your recent mammogram. This change is either in the form of microcalcifications or a small mass. Because this abnormality cannot be felt, the only way to sample the area for a diagnosis is under radiographic guidance.

### What preparation is necessary?

You should not take Aspirin, Advil, Motrin, Vitamin E or related products for one week prior to the scheduled procedure as these compounds can increase bleeding. If you take a blood thinner (i.e.: Coumadin, Plavix) for other medical conditions you should speak to your medical doctor about how to handle this. You may have breakfast the morning of the procedure and take all other prescribed medication. It is advised that you do not use deodorant or talc powder the morning of the biopsy.

### What does the procedure involve?

The stereotactic biopsy takes place in the Mammography suite. You will be positioned on your stomach on a table that has a hole in it, through which the breast to be biopsied will be placed. Your breast is placed in compression for the duration of the procedure. Once the area in question has been positioned properly by the technician, the radiologist will come in to perform the biopsy.\* A small amount of local anesthetic is injected into the breast to numb the area. A small nick is made in the skin to accommodate the needle. Using measurements plotted from the images taken by the technician, the radiologist will insert the needle. Small fragments of tissues (cores) will be removed with the aid of a suction device attached to the needle. The technician will x-ray these tissue samples to confirm that the area of concern has been sampled sufficiently. A few post-biopsy images will be taken to document the location of the biopsy and often a tiny marker will be placed in order to locate the site on future mammograms or if surgery is ultimately needed. Small steri-strips and gauze bandages are applied. The gauze bandages can be removed the next day, the steri-strips in 5 days. Some discomfort & swelling is expected, there may also be some bruising.

### Results

Your doctor's office should call you with the results in about 4-5 business days. If the results are completely benign a follow up mammogram of the biopsied breast is recommended in six months. If the results show atypical cells, an open surgical biopsy is recommended to arrive at an exact diagnosis. If the results show a malignancy then you must discuss with your doctor what the definitive surgical/treatment options are for you.

\*On rare occasions it may not be technically possible to localize the lesion using this approach and the procedure will need to be cancelled.