



BREAST BIOPSY PREPARATION

The medications listed must NOT be taken one week prior to the procedure. These medications either contain aspirin or aspirin-like drugs such as ibuprofen which can reduce blood clotting. Many "over the counter" drugs, especially cold and sinus medicines, contain aspirin. Please check with your pharmacist, physician or nurse to be certain that any of the medications you take do not contain aspirin or ibuprofen.

Tylenol is an acceptable pain-reliever before or after the procedure

IMPORTANT : If you are on any anti-coagulant medication such as COUMADIN or PLAVIX or any anti-depressants such as NARDIL you must inform your physician as well as our office.

Here is a list of some common products/medications/Nutritional Supplements/Vitamins/herbals which may impair blood clotting:

| | | | |
|------------------------|---------------------------------------|-----------|---------------------|
| Advil | Empirin | Sine-Aid | St. John's Wort |
| Alka-Seltzer | Excedrin | Trilisate | Zinc |
| Aleve | Excedrin PM | Vanquish | Bromelain |
| Anacin | Feldene(Propiroxican) | Vioxx | Chondroitin |
| A.P.C. | Fiorinal | Celebrex | Diet Pills |
| Arthritis Pain Formula | Ibuprofen | Vitamin E | Flaxseed |
| Ascriptin | Indocin | | Garlic |
| Aspergum | Midol | | Ginko-biloba |
| Bayer | Motrin | | Glucosamine |
| Bayer-Time Release | Naprosyn | | Gotu Kola |
| Bufferin | Non-Steroidal Anti-Inflammatory Drugs | | Herbal Teas |
| Darvon Compound | Nuprin | | Horse Chestnut |
| Ecotrin | Percodan | | Licorice |
| | | | Omega 3-Fatty Acids |

NOTE : If you are having a Core Biopsy you should bring a sports bra or large ace bandage the day of your appointment.

Appointment Date: _____

Appointment Time: _____ Arrival Time: _____

Type of Procedure: _____