



INSTRUCTIONS FOR PET/CT PATIENT PREPARATION

- The day before the scan you should eat a low carbohydrate diet, (no breads, pasta, potatoes, sugar or any products with a high sugar content). Drink water or low sugar beverages.
- Do not eat or drink anything except water for 4-6 hours before your exam because it may impair quality of images. You must also refrain from chewing gum.
- If you take medications, drink only enough plain water to swallow them.
- If you've been advised not to take your medications on an empty stomach, eat nothing more than a few soda crackers within 4-6 hours of your exam.
- If you feel feverish, please call this to our attention.
- If you have diabetes, please be sure to mention it to the scheduling staff who will discuss preparations in terms of your diet and your medications.
- In addition, please let us know if you might be pregnant or are currently breast feeding.