



# PREPARATION INSTRUCTIONS

Please inform us if you are or may be pregnant prior to scheduling your exam.

## ULTRASOUND 超聲波檢查

**PELVIC ULTRASOUND:** Regular diet the day of exam. One hour before the appointment drink at least 4 glasses (32 ounces) of water. DO NOT URINATE.

盆腔部檢查前一小時最少飲4-6杯水，禁小便。

**ABDOMINAL ULTRASOUND:** Absolutely nothing to eat or drink after midnight or 8 hours prior to examination.

腹部檢查（肝、膽、胰、腎、脾、膽管等）檢查前夕，午夜十二時間開始或8小時前禁止進食任何食物藥品、飲料及水直至檢查完畢為止。

## CT SCAN 電腦掃描

**CT OF ABDOMEN OR PELVIS:** Absolutely nothing to eat or drink after midnight or 6 hours prior to examination.

檢查前夕，午夜十二時間開始或6小時前禁止進食任何食物、藥品、飲料及水直至檢查完畢為止。

**OTHER CT SCANS PERFORMED WITH CONTRAST:** Nothing to eat or drink 6 hours prior to examination.

其他部位增強：檢查6小時前禁止進食任何食物及飲料。

**CTA:** Follow specific instructions given at the time of scheduling an appointment.

## BONE DENSITOMETRY (DEXA) 骨密度檢查

Do not take any calcium supplements on the day of the exam.

在接受骨密度檢查當日請勿服用任何鈣片。

## MRI / MRA 核磁共振檢查

This exam may not be performed if you have a **cardiac pacemaker, cerebral aneurysm clips or a metallic hearing implant**. If you are a sheet metal worker or have ever had metal fragments in your eye(s), a skull x-ray may be taken prior to your MRI exam. Wear comfortable loose fitting clothes, such as a sweatshirt. Do not wear earrings, hairpins or jewelry. Do not apply eye shadow or mascara. Nicotine patches should be removed before your exam.

檢查前夕，午夜十二時間開始或6小時前禁止進食任何食物、藥品、飲料及水直至檢查完畢為止。

不要穿有金屬拉鍊和金屬鈕扣的衣服。不要帶金器、手鐲、耳環、發針和眉毛定型器。

用心臟起搏器和有金屬在體內的病人不能做MRI檢查。體內有金屬的病人應預先與本中心連系。

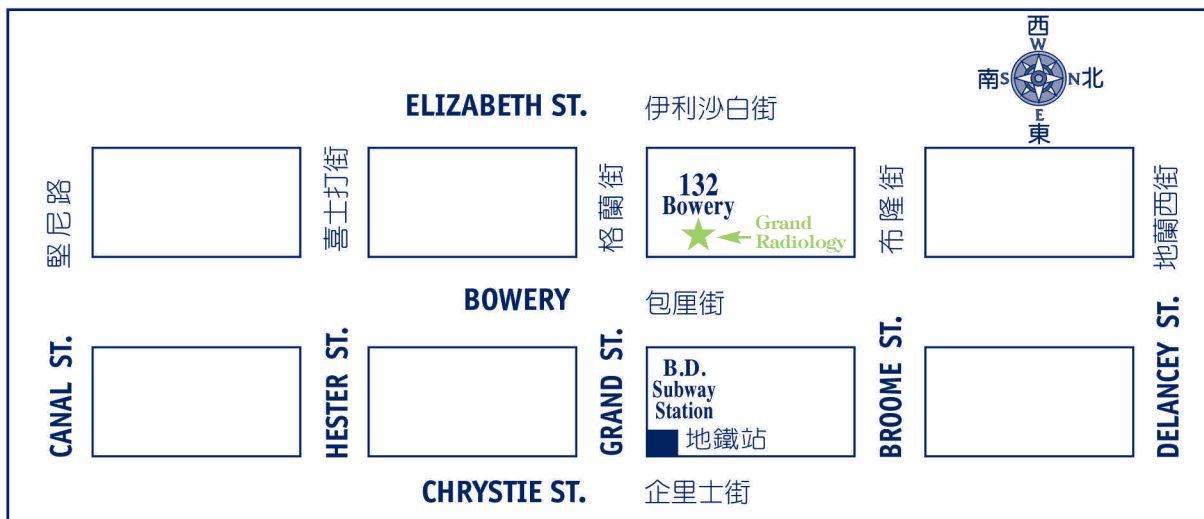
## BREAST IMAGING 乳房X光檢查

### (MAMMOGRAM AND ULTRASOUND)

On the day of your appointment, DO NOT use any perfume, lotion, powder or deodorant on the breasts or underarms. Please bring all prior mammograms and breast ultrasounds to the appointment.

檢查當天不可擦用任何香水、護膚品、爽身粉去味劑於乳房，腋下部位，以免影響檢查。

以前曾做過乳房X光檢查者，請將以前資料，底片帶來給醫生分析比較。



本中心位於包厘街，緊貼格蘭街口，在鄺記食品對面。