



## The Barium Enema Test

A barium enema is an X-ray examination of the lower bowel, or colon, by water enema containing barium sulfate. Sometimes air will also be used. This allows the inside of the colon to be seen on a fluoroscope or x-ray films.

### **Preparations for the exam:**

Your preparation for the examination is exceedingly important. It may well determine whether or not the examination is successful. Eat nothing solid. Necessary medications may be taken with a small amount of water. Please follow a 24-hour clear liquid diet the day prior to the examination. If you suffer from chronic constipation you should do the dietary preparation for 48 hours and follow the Barium Enema kit preparation for the 24 hours before the exam.

### **Clear liquids include the following:**

- Clear juice without pulp (apple, white grape, white cranberry)
- Water
- Gatorade
- Clear broth or bouillon
- Coffee or Tea (without milk or non dairy product)
- Non-carbonated and carbonated soft drinks (Sprite, 7-Up, Ginger ale)
- Plain Jell-O (without added fruit or topping)
- Ice popsicles

### **(Reminder Absolutely Nothing Solid to eat!!!)**

Please follow all other instructions provided in the Barium Enema Kit especially all water recommendations.

After the examination, it is important to drink as much liquid as is comfortable to replace the fluid you have lost. You may not have a bowel movement other than barium for a day or so. You should have no trouble getting rid of the barium.



### PATIENT SATISFACTION SURVEY

We are striving to provide you with the best possible care. Please help us to achieve this goal by taking a few minutes of your time to answer the following questions. In doing so you will help us to provide optimum care for all our patients.

Name: (optional) \_\_\_\_\_ Date: \_\_\_\_\_

Type of examination: \_\_\_\_\_

Was it easy to schedule your appointment for today's test?  Yes  No

If no, explain why? \_\_\_\_\_

Was your scheduler: *(Check all that apply.)*

- Courteous?  Yes  No
- Attentive to your needs?  Yes  No
- Efficient?  Yes  No

Was your examination started on time?  Yes  No

If not, how long did you wait for your examination:

- Less than 15 minutes
- 15 – 30 minutes
- 30 minutes or more

If more than 15 minutes, did someone explain the reason for delay?  Yes  No

Was your receptionist: *(Check all that apply.)*

- Courteous?  Yes  No
- Attentive to your needs?  Yes  No
- Efficient?  Yes  No

Was the technologist who performed the procedure: *(Check all that apply.)*

- Courteous?  Yes  No
- Attentive to your needs?  Yes  No
- Efficient?  Yes  No

If your exam required a Radiologist (Doctor): *(Check all that apply.)*

- Courteous?  Yes  No
- Attentive to your needs?  Yes  No
- Efficient?  Yes  No

Please rate your overall experience. *(Circle a number on the scale below to indicate your level of satisfaction)*

1 2  
⏟  
Poor

3 4  
⏟  
Fair

5 6  
⏟  
Satisfied

7 8  
⏟  
Very Satisfied

9 10  
⏟  
Excellent

Any additional comments that you can make would be helpful: *(The use of names would be helpful.)*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Thank you for taking the time to complete this survey.*



## PREPARATION FOR BARIUM PROCEDURES

### **Upper G. I. Series:**

Do not have anything to eat, drink, smoke, or chew after 9 p.m. the night prior to the examination. Prescribed medications allowed.

### **Small Bowel Series:**

10 oz. of Magnesium Citrate late afternoon on day prior to examination. Two 8 oz. glasses of water the night prior to the examination. Do not have anything to eat, drink, smoke, or chew after 9 p.m. the night prior to the examination. Prescribed medications allowed.

### **Oral Cholecystogram:**

Please call our office for instructions.

If you have any questions, please call the office. Diabetics taking insulin, please call the office.