



PREPARATION INSTRUCTIONS FOR PATIENTS UNDERGOING CORONARY CT ANGIOGRAPHY

- **Do not** drink alcohol or consume any caffeine or other foods or medications that may increase your heart rate (e.g., coffee, tea, cola, mountain dew, jolt, or chocolate; Excedrin or other stimulant medications) for **24 hours** before the test.
- Continue medications as prescribed by your physician, unless otherwise instructed.
- Do not ingest solid foods for at least **six hours** prior to the exam.
- Clear liquids are allowed **up to one hour** before the exam. Clear liquids include: water, clear soda (sprite, 7-up, ginger ale), lemonade, and clear, pulp-free fruit juices (apple or white grape).
- Inform your doctor if you think there is a possibility that you are pregnant or if you are nursing.
- If you have diabetes or kidney disease and are taking glucose-lowering medication, talk to your doctor about stopping the medication and proper scheduling of the test.
- Please bring a list of all your current medications and their dosages with you to the appointment.
- If you have any echocardiography, stress test, coronary angiography or CT/MRI studies performed in the past, please bring the report and/or films with you, if available.