



## **Recommendation for Clinical Breast Examination**

Dear Patients:

Please be advised that a Clinical Breast Examination\* is recommended to be performed yearly by your referring doctor, nurse or nurse practitioner for patients who are 40 years or older. If you are 18 to 39 years old it is recommended to be performed at least every 3 years. If you have not had a clinical breast examination in the recommended time frame, please contact your referring physician and discuss the importance of the exam.

West Side Radiology Associates, P.C.  
Effective 1/1/04

\*Clinical Breast Examination is a physical examination of the breast done by a health care professional (medical doctor, nurse or nurse practitioner).

Patient's Signature: \_\_\_\_\_

Date: \_\_\_\_\_