



## Bone Mineral Density Questionnaire

Name: \_\_\_\_\_

Today's Date: \_\_\_/\_\_\_/\_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_\_\_

Sex:  Male  Female

Ethnic Origin:  African-American  White, Caucasian  Hispanic  Asian  Other

Please check the appropriate answer:

	Yes	No
<b>Gynecological History</b>		
1. Have you gone through menopause?	_____	_____
2. Have you had a hysterectomy?	_____	_____
3. Have you had your ovaries removed?	_____	_____
4. Absence of menstruations (i.e. loss of period other than pregnancy or menopause)?	_____	_____
5. Do you take hormone therapy in any form at this time?	_____	_____
If so, what type? (Circle one that applies.) 1. Premarin 2. Estrogen 3. Birth Control		

### Medical History

1. Have you ever had a Bone Density (DXA) scan before?	_____	_____
If so, when? _____ Where? _____		
2. Do you have a family history of Osteoporosis?	_____	_____
3. Have you taken Cortisone or Prednisone orally for over 3 months?	_____	_____
4. Do you take any medication for raising bone density?	_____	_____
<input type="checkbox"/> Fosamax/Alendronate <input type="checkbox"/> Fosamax D <input type="checkbox"/> Boniva <input type="checkbox"/> Actonel <input type="checkbox"/> Evista		
<input type="checkbox"/> Zometa <input type="checkbox"/> Reclast		
If so, how long? _____		
5. Do you take supplemental calcium? <input type="checkbox"/> 1000 mg <input type="checkbox"/> 500 mg <input type="checkbox"/> None		
6. Do you take supplemental vitamin D? <input type="checkbox"/> Yes <input type="checkbox"/> No If so, How much? _____		
7. Have you had hip replacement surgery?	_____	_____
If so, which one? _____		
8. Have you had surgery on your lower back?	_____	_____

### Other Medical conditions: (Check all that apply)

- |                                                                  |                                                  |
|------------------------------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Personal history of Osteoporosis        | <input type="checkbox"/> Kidney disease          |
| <input type="checkbox"/> Hyperthyroid (overactive thyroid)       | <input type="checkbox"/> Parathyroid disorder    |
| <input type="checkbox"/> Hypothyroid (underactive thyroid)       | <input type="checkbox"/> Rheumatoid arthritis    |
| <input type="checkbox"/> Eating disorder (Anorexia/bulimia)      | <input type="checkbox"/> Asthma                  |
| <input type="checkbox"/> Celiac Disease                          | <input type="checkbox"/> Hypothalamic amenorrhea |
| <input type="checkbox"/> Chronic steroid use, type and duration: |                                                  |

Current Height: \_\_\_\_\_ Previous Height: \_\_\_\_\_ Current Weight: \_\_\_\_\_